

ReMar Nurse University

SAMPLE STUDENT WORKBOOK

R

Better Nursing Content

V2

REMAR VIRTUAL TRAINER

Hosted by:

Regina M. Callion MSN, RN
#1 NCLEX Instructor on the Planet

8 pm EST

**LIVE
STREAMING**

Monday's in June

Study NCLEX Pharmacology
Absolutely FREE!



DISCOUNT

**50%
OFF**

SPECIAL OFFER!

▶ FREE NEXT GEN NCLEX REVIEW

REMAR NURSE UNIVERSITY

YOU CAN. YOU WILL. YOU MUST. PASS NCLEX!



Professor Regina M. Callion MSN, RN



A MESSAGE FROM PROFESSOR REGINA MSN, RN **The #1 NCLEX Instructor on the Planet!**

Welcome to the ReMar Nurse University,

My name is Professor Regina M. Callion MSN; RN and I will be your instructor for this FREE month-long event. I'm going to give you the strategy and study routine that I use to help hundreds of thousands of nurses to pass NCLEX Next-Gen. At the end of this FREE event, I'm going to ask you to decide how you will complete this journey and give you up to 50% off my complete training system to get your license in the next 30-days or less. I'll show you how the NCLE-V2 works along the way, but before we get into all of the good stuff - here's how I become a nurse....

“I started my nursing career at the age of 16!”

My grandmother – she was a double amputee she lost her legs and vision to diabetes. My grandfather had a stroke and couldn't talk, swallow or walk. Some might think I would feel helpless in this new environment, but I was empowered because of a home health nurse named Linda. She taught me how to practice bedside nursing in a simple straight to the point way. She turned my challenge into an opportunity.

Nurse Linda wasn't afraid of my age or lack of experience. She believed in me. As we begin our journey together, I want you to see the challenge of passing NCLEX as the opportunity of your lifetime.

HERE'S A BOLD PROMISE.

Your success in nursing will be determined by your ability to think, plan, decide, and act. The actions you take will be based upon your core content knowledge of the fundamental practice of nursing.

These same skills are necessary as you prepare to take NCLEX®. The stronger you are with the fundamentals, the faster you will learn how to critically think and make the right decisions.

I have personally beaten the odds and as a ReMar Nurse I expect you to do the same.

I've helped thousands of new grads, foreign nurses, to repeat-testers pass NCLEX. It doesn't matter if you've tested 10 times, I want to encourage you to stay focused on this one goal and believe in yourself because if you study this content in the ReMar V2 Trainer for NCLEX, Nursing School, or TEAS!

During the ReMar Nurse University Event I'm going to take what's in my head and put it in yours as we study the topics of labor, delivery, and sexually transmitted diseases. During this event I'm also going to give you the full opportunity to have all my content inside of the ReMar V2 Trainer.



PREPARED FOR SUCCESS!

ReMar Nurses have a 99.2% NCLEX Success Rate Studying Core Nursing Content.

Established in 2010, ReMar Review has become an industry leader and helped more than 300,000 nurses better understand the Core Nursing Content for NCLEX!

With the NCLEX Virtual Trainer we will give you the tools to effectively prepare for the examination. Along with that we provide a community to support you on the journey to becoming a safe nursing professional.

- The NCLEX-RN & LPN test plans and Practice Analysis serve as our guide for content development.
- Our curriculum narrows down the content to emphasize the key topics found on the exam.
- We save time by only teaching the information that a new graduate is expected to know for NCLEX.
- Our streamlined approach to core content builds student's competence and confidence.

We Still Care About the 1%



Our Success Rate
99%

LPN
22.2%



RN
77.8%

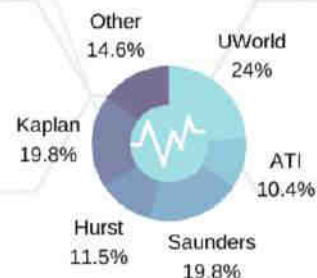
Foreign
8%

1st Time
38%



Repeat
54%

What students previously used
before finding ReMar Review!



SO WHAT'S THE DIFFERENCE ?

We asked 5,000 repeat-testers "What resources have you previously used?" Nearly 25% of the nurses questioned that failed NCLEX reported using **UWorld**; and nearly 20% of those students reported using **Kaplan** prior to their failed attempt.

You can literally do a thousand NCLEX questions and learn hundreds of "strategies" but as one student said after passing "When you sit for NCLEX all of those strategies go out the window if you don't KNOW THE CONTENT!" ReMar focuses on the content because when you know your content you are better equipped to answer any question NCLEX gives you! Content is the difference between confidence and anxiety; and passing NCLEX or failing NCLEX. What makes ReMar different? **We have better nursing content!**

ReMar V2 Sale ends Monday June 30th. Order now at ReMarNurse.com

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Up to

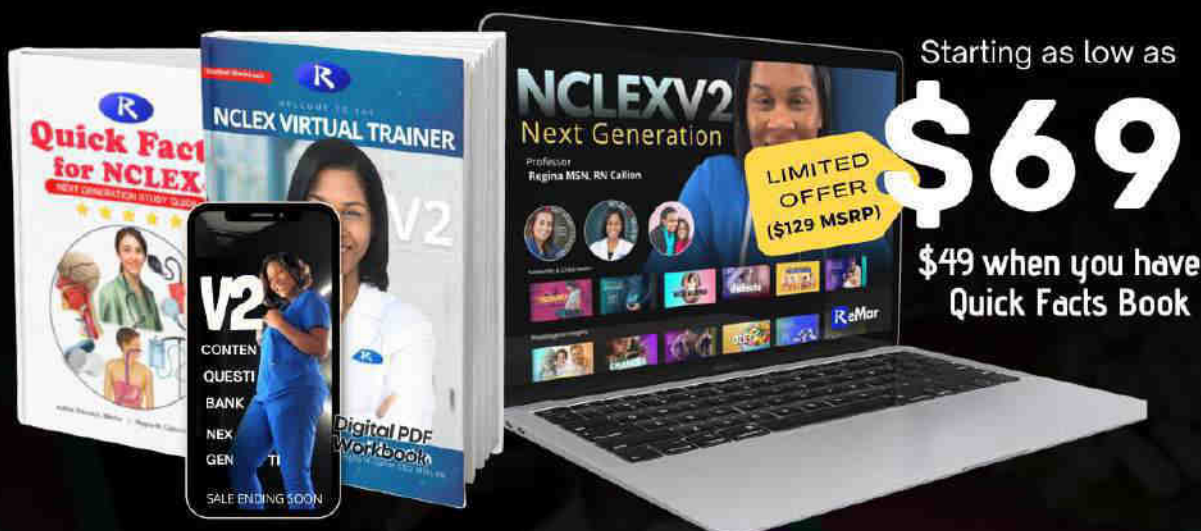
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PREMIUM NURSING LECTURES

- Your virtual training platform contains comprehensive content lectures by the #1 Instructor Regina Callion MSN, RN.



NCLEX CONTENT WORKBOOK

- The NCLEX V2 TRAINER includes your *PDF Workbook & Quick Facts for NCLEX* to deepen your connection with content-based material



INSTANT ANALYTIC REPORTING

- You'll have access to extensive reporting tools, comprehensive analytics, and daily reporting to keep you on the right track for NCLEX!



ENGAGING TRAINING SESSIONS

- Each training lecture is fun, engaging, strait to the point, and easy to understand! Students say, "It's like Netflix for NCLEX!"



QUESTIONS & CAT EXAMS

- Our researched training model combines the science of nursing with clinical applications to situational awareness and judgement.



DAILY STUDY CALENDAR

- Follow our six-week study calendar to take control of your study routine and pass your state board exam with confidence and complete training.



See full site terms and details

Complete your ReMar V2 NCLEX training, pass the CAT Exams, and test within 30-days of completion to earn your RN or LPN nursing license or get your **Money Back - Guaranteed!**

You Owe It to Yourself to Get Your Nursing License!

ReMar Nurse University Schedule of Events

Each live class with Professor Regina will air from the Eastern Standard Time Zone. There will be (2) sessions every Monday, at 12pm noon and the main session at 8pm EST. There will be (1) session every Wednesday at 9pm.

ReMar Nurse UNIVERSITY

FREE NCLEX Pharmacology Review

- Monday, **JUNE 2nd** – 8:00 PM EST
- Monday, **JUNE 9th** – 8:00 PM EST
- Monday, **JUNE 16th** – 8:00 PM EST
- Monday, **JUNE 23rd** – 8:00 PM EST
- Monday, **JUNE 30th** – 8:00 PM EST
 - Nursing Student Game Night w/Cash Prizes

Weekly Monday Motivation Schedule – 30 min live Mini Review

MONDAY MOTIVATION

How to Pass NCLEX
Hosted by Professor Regina MSN, RN

- Monday, June 2nd – 12:00 PM EST
- Monday, June 9th – 12:00 PM EST
- Monday, June 16th – 12:00 PM EST
- Monday, June 23rd – 12:00 PM EST
- Monday, June 30th – 12:00 PM EST

Weekly Winning Wednesday Schedule – 30 min live mini review

WINNING WEDNESDAY

Content & Question Review
Hosted by Professor Regina MSN, RN

- Wednesday, June 4th – 9:00 PM EST
- Wednesday, June 11th – 9:00 PM EST
- Wednesday, June 18th – 9:00 PM EST
- Wednesday, June 25th – 9:00 PM EST

Don't miss one day! Mark your Calendar, Adjust your Time Zone, and Set your Alarm Reminders!

Save up to 50% off all ReMar V2 Courses on sale now during ReMar Nurse University! Sale ends June 30th!

#NCLEX #NursingSchool #TEAS

Pre-EVENT Questions & Answers

+ Will Professor Regina Actually Teaching each class?

- Absolutely! Regina MSN, RN will personally be teaching each course with the ReMar Nurses and share the class live to everyone else via Facebook / YouTube (**Subscribe to both to receive all notifications**)

+ Is this FREE Event all that I Need to Pass NCLEX ?

- No! During RNU my goal is to show you exactly how master pharmacology and how to use the NCLEX V2 program to breakdown your content and pass NCLEX in the next 30 days or less!

+ Is the NCLEX-V2 all that I Need to Pass NCLEX ?

- Absolutely! The NCLEX-V2 is what ReMar Nurses use to complete their training and pass NCLEX in 30-days or less. It has Professor Regina's full course lectures, study calendar, practice exams, and CAT Tests! During this event you can save up to 50% off of the NCLEX-V2 Review and get your license in 30 days! Shop ReMarNurse.com

+ I'm Still in School, when should I get the NCLEX-V2?

- Most definitely! If you are in nursing school now and graduate in the next 9-months then the NCLEX V2 is a great option for you get started now and dominate your final semester, exit exams, and start NCLEX. During this event you can save up to 50% off and you can delay your start date up to 90 days!
- If you have more than 9-months before graduation, then we recommend starting today with our nursing school study guide, **Quick Facts for Nursing School book for Pharmacology & Med-Surg**. This study guide will give you the content advantage from day #1! Shop ReMarNurse.com

+ I Have Quick Facts for NCLEX. How Much is the V2 for me?

- Awesome! If you already have the Quick Facts for NCLEX book you can remove it from your cart when buying the V2 and save \$20 off of your order and reduce the shipping costs as well.

+ I Have the NCLEX-V2. Can I benefit from RNU?

- Yes! ReMar Nurse University is considered an advance study session. This means I take the topics from the NCLEX V2 and develop them to the next level of critical thinking and NCLEX Confidence!

+ How does ReMar Compare to Other NCLEX Programs?

- ReMar helps nurses around the globe pass the NCLEX exam with simple and easy-to-understand content that fits your learning style. We also help students with test anxiety, language barriers, and repeat-testers even after multiple failed attempts with other resources. We keep it Simple. We keep it Faith-based.. So how do we compare? I guess you can say **"They not like us!"**

+ Hey, You Didn't Answer My Question!!!

- I'm sorry I missed your question! Please do me a favor and send me a quick email directly to

Can I Really Pass NCLEX in 30-Days?

It's super easy – Just follow the daily study schedule.

This study calendar is designed to make your life easier! Each week do 5 study sessions. One study session each day is best to pace yourself. One study session a day also allows you time to process the information presented. You will need to print the workbook in order for this calendar to be most effective. Remember to keep your study sessions under 3 hours per day. Check off each task once it has been completed. If you follow this calendar the course will be completed in 4 weeks.

STUDY SESSION #1

Watch	Read	Answer
*Optional: <i>Getting Started Tutorials</i> this is found in the <u>30-Day Challenge Section</u> Pregnancy Overview Normal & High-Risk Newborn Infant Heart Defects Pediatric Developmental Milestones	Download & Print Student Workbook	Clinical Subject Exam: Pregnancy *Optional: 30-Day Challenge Video Session 1

STUDY SESSION #2

Watch	Read	Answer
Age Specific Nursing Care Expected Changes in Aging Diets	Review Study Session #1 Notes	Clinical Progress Exam 1 Clinical Subject Exam: Physiological Integrity *Optional: 30-Day Challenge Video Session 2

SAMPLE SCHEDULE

		*Optional: 30-Day Challenge Video Session 3
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STUDY SESSION #4

Watch	Read	Answer
Medication Administration Antibiotics	Review Study Session #3 Notes	Clinical Progress Exam 3 *Optional: 30-Day Challenge Video Session 4

STUDY SESSION #5

Watch	Read	Answer
Intravenous (IV) Therapy Total Parenteral Nutrition Pain Management	Review Study Session #4 Notes	Clinical Pharmacology Exam 3 *Optional: 30-Day Challenge Video Session 5

STUDY SESSION #6

Watch	Read	Answer
Substance Abuse IV fluids Clinical Math Easy NCLEX Labs	Review Study Session #5 Notes	Clinical Progress Exam 4 *Optional: 30-Day Challenge Video Session 6

RNU EVENT CONTENT & TOPIC SCHEDULE

WEEK #1 | MONDAY, JUNE 2ND - 8:00 P.M. EST.

(PAGES 8 – 13)

CLINICAL JUDGMENT SIMULATION #1

Pre-Class Readings: Quick Facts for NCLEX (Next Generation Study Guide)

Topics: Blood Pressure, Cardiac Medication, Myocardial Infarction, Nitroglycerin

NCLEX-V2 PREVIEW - EXPECTED CHANGES IN AGING

WEEK #2 | MONDAY, JUNE 9TH - 8:00 P.M. EST.

(PAGES 14 – 19)

CLINICAL JUDGMENT SIMULATION #2

Pre-Class Readings: Quick Facts for NCLEX (Next Generation Study Guide)

Topics: Acute Renal Failure, Appendicitis, Pancreatitis

NCLEX-V2 PREVIEW - DIETS

WEEK #3 | MONDAY, JUNE 16TH - 8:00 P.M. EST

(PAGES 20 – 24)

CLINICAL JUDGMENT SIMULATION #3

Class Readings: Quick Facts for NCLEX (Next Generation Study Guide)

Topics: Orthostatic Hypotension, Cardiac Medications, Diuretics, Benzodiazepines, COVID-19

NCLEX-V2 TRAINER PREVIEW - MEDICATION ADMINISTRATION

WEEK #4 | MONDAY, JUNE 23RD - 8:00 P.M. EST

(PAGES 25 – 31)

CLINICAL JUDGMENT SIMULATION #4

Class Readings: Quick Facts for NCLEX (Next Generation Study Guide)

Topics: Analgesics, Anticoagulants, Antibiotics

NCLEX-V2 LECTURES: SUBSTANCE ABUSE

WEEK #5 | MONDAY, JUNE 30TH - 8:00 P.M. EST

(PAGES 32 -34)

LIVE NCLEX GAME NIGHT (CASH PRIZES)

Class Readings: Quick Facts for NCLEX (Next Generation Study Guide)

Topics: ALL SUBJECTS

REMAR-V2 QUESTION & ANSWER SEGMENT WITH PROFESSOR REGINA

UP TO 50% OFF NCLEX PREP SALE ENDS MONDAY, JUNE 30TH, 2025

Week #1 Next Gen Clinical Judgment Activity

Regina M. Callion MSN, RN

Patient: Myra Keller

Write Notes from Handoff Report Below:

Admitted with: an episode of

History: Asthma, Anxiety Hypertension, cigarette smoking, obesity

Mental:

Lungs:

Denies:

Voids:

Moves:

Additional Information to note:

18:00 pm-2 Episodes of shortness of breath and hypertensive episode noted after lunch. Client stated she was nervous watching the war on the news. Client stated she felt better without any intervention. Client is currently resting quietly in bed after ambulating down the hallway.-
Henrietta Clark, RN

Side Note: Have you failed NCLEX before?

When you failed NCLEX, how did you prepare? Most tell us, UWorld, Archer, Kaplan, ATI, etc. When you failed the first time did you get your money back? What about after your second or third attempt, did you get your money back? ReMar training is superior. In fact, it's what you've been missing all along. We're so confident that if you follow the guidelines, complete your course and don't pass we'll return the cost of your initial subscription for the ReMar V2 Trainer. Join now during ReMar Nurse University to get the ReMar **Money Back Guarantee**.

Next Gen NCLEX Activity

Regina M. Callion MSN, RN

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
Name: Myra P. Keller		Age: 54 years old / Female				
Health Care Provider: Venus Sanghi, MD		MRN: 32118				
Code Status: Full						

ReMar Next Gen NCLEX Form

Medication	Time	06/01/25	06/02/25
Amlodipine 400 mg every 8 hours	22:00 6:00 14:00	Given - HC Given - YP Given - HC	Given - HC Given - YP Given - HC
Carvedilol 50 mg daily	12:00	Given -TG	Given -TG
Lisinopril tab once a day	8:00	Given -TG	Given -TG
Sodium bicarbonate 50 mEq rapid IV for 1 minute. X1 STAT	12: 00	Given -TG	Given -TG
Calcium chloride 1000 mg IV for 10 minutes. X1 STAT	12: 00	Given- HC	Given -HC

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
Metabolic Panel	Normal Values	19:00-6/1/2025	06:00- 6/2/2025	06:00- 6/2/2025		
Sodium	136-145 mEq/L	130	128	129		
Chloride	98-106 mEq/L	100	100	99		
Potassium	3.5-5 mEq/L	6.0	6.2	6.1		
Calcium	8.5-10.5 mg/dL	8.7	8.7	8.8		
Magnesium	1.5-2.4 mEq/L	1.8	1.8	1.8		
Phosphorus	3-4.5 mg/dL	3.2	3.2	3.5		
BUN	8-20 mg/dL	11	11	13		
Creatinine	0.7-1.3 mg/dL	1.1	1.1	1.0		
Glucose	70-100 mg/dL	70	71	70		
Alkaline phosphatase	44 and 147 U/L	204	205	245		

Vital Signs	Blood Pressure (mmHg)	Heart Rate (beats/minute)	Respiratory Rate (breaths/minute)	Temperature	Pulse Oximetry
06/02/2025; 4 PM	145/90	120	22	96 F	92%
06/02/2025; 5 PM	152/97	118	26	94.7 F	92%
06/02/2025; 6 PM	160/95	122	30	98. F	93%
06/02/2025; 7 PM	165/99	126	26	96 F	92%

Next Gen NCLEX Activity

Regina M. Callion MSN, RN

1. What is the priority when first evaluating a patient at the start of the shift?
2. SAFETY: From the MAR list _____ patient needs that must be communicated to the physician:
3. CLINICAL JUDGMENT: What are 3 _____ procedures the nurse should anticipate?
4. SAFETY: Identify 3 possible causes of _____ in the client.
5. SAFETY: Which medication is most likely causing _____ and why?
6. SAFETY: What information is missing from the MAR before the nurse can properly administer medication to M. Keller?
7. SAFETY: What concerns are present about the new medications ordered on the MAR:
8. CRITICAL THINKING: After the administration of nitroglycerin which expected side effect would require pain medication?

New Medication Order	<ol style="list-style-type: none">1. Nitroglycerin 7.5 mg, one -half inch ointment twice daily.2. Oxygen 3 L via nasal cannula to keep O2 Saturation about 93%
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9. CLINICAL JUDGMENT: Which of the following poses the greatest risk when initiating oxygen therapy for the first time?
1. Hypoxemia
 2. Oxygen toxicity
 3. Respiratory alkalosis
 4. Hypercapnia
10. CLINICAL JUDGMENT: Which of the following is sodium bicarbonate the appropriate treatment for? Choose one option.
1. Metabolic alkalosis
 2. Metabolic acidosis
11. Where you a safe nurse today?

Expected Changes During Aging

Regina M. Callion MSN, RN

System	Changes Tested on NCLEX
1.	Decreased _____ output Increase: Peripheral circulation:
2.	Increased Decreased Is it normal to wear oxygen?
3.	Decline in the ability to:
4. Reproductive System	Women decrease: Men decrease: <u>Sexual Changes</u> Women: Men:
5.	Decreased range Decreased _____. Decreased in overall Bone loss

6.	<p>Kidneys-</p> <p>Bladder-</p> <p>Dehydration is a common issue</p> <p>Is urinary incontinence normal?</p> <p>Kegel exercises-</p>
Gastrointestinal System	<p>_____ mouth</p> <p>Constipation</p> <p>Delayed gastric emptying</p> <p>_____ ability decreases</p> <p>Is tooth loss a normal part of aging?</p>
Nervous System	<p>Decreased activity in <u>CNS</u> & <u>PNS</u></p> <p>Decrease in _____ time and reflex times.</p> <p>Mental function should _____.</p> <p>If intelligence decreases a <u>disease process</u> is present.</p>
Immune System	<p>_____ in the _____ of immune system.</p> <p>Encourage:</p>
Endocrine System	<p>Decrease secretion of:</p> <p>Decrease in:</p> <p>Will a decreased insulin production make the blood sugar increased or decreased?</p>
Sensory System	<p>Loss of:</p>

Week #2 Next-Gen Clinical Judgment Activity

Professor Regina M. Callion MSN, RN

Patient: Frank Jackson

Write Notes from Handoff Report Below:

Frank Jackson 77-year-old man

History: of congestive heart failure, anxiety, and alcohol abuse.

Presents to the Emergency room reporting _____

The client stated the pain started after his morning drink to “get the day started”.

Client is holding his _____

Reports pain:

Reports nausea:

Vital signs: B/P-140/86, HR Temp Resp-18,

Additional Information to note:



Next Gen NCLEX Activity

Professor Regina M. Callion MSN, RN

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
Name: Frank Jackson			Age: 77			
Health Care Provider: Michael Green, MD			MRN: 234566			
Code Status: DNR			Allergies: Pollen, cotton, latex			

1. CRITICAL THINKING: During the abdominal assessment the nurse notices a distended abdomen.

1. List _____ for "symmetrical" distention.	1. 2.
2. List _____ for "asymmetrical" abdominal distention.	1. 2.

2. SAFETY: The nurse notes that the bladder is distended, which interventions are anticipated?

3. CLINICAL JUDGMENT: Identify which symptoms are present in the following conditions.

Clinical Signs	Appendicitis	Pancreatitis	Urinary Tract Infection
1.			
2. Nausea & Vomiting			
3. Right Lower Quadrant Pain			
4. Abdominal			

4. CRITICAL THINKING: Identify 2 diagnostic exams needed to determine a diagnosis of this client:

5. CLINICAL JUDGMENT: Which diet is most appropriate for this client?

6. SAFETY: Which of the following require immediate action? Select all that apply.

1. Client is ambulating down the hall.
2. Client states they feel relief and are pain free.
3. The client refuses a heating pad.
4. The licensed practical nurse prepares to palpate the abdomen for assessment.
5. Client reports a need for new bedding for a vomiting episode.

7. CLINICAL JUDGMENT: Identify if the treatment is appropriate for a DNR order?

Treatments	Yes	No
Heimlich maneuver if choking		
Supplemental oxygen		
Dialysis		
EKG		
IV fluids for hydration		
Antiemetics		
Morphine		

8. SAFETY: The physician has ordered piperacillin and tazobactam, the client states he is not aware of a previous allergy. Should the nurse administer the medication?

9. CLINICAL JUDGMENT: Which pain medication can increase complications and delay the treatment of appendicitis?

1. Ciprofloxacin
2. Ibuprofen
3. Acetaminophen
4. Diuretic

10. CRITICAL THINKING: The client reports nausea at the time oral medication is due, which action should the nurse take?

11. SAFETY: The nurse suspects the client of dehydration, which laboratory value would confirm this medical condition?

1. Elevated BUN
2. Elevated albumin
3. Elevated platelet count
4. Elevated bicarbonate levels

12. SAFETY: The client would report right lower abdominal pain if which side of the abdomen was palpated by the physician?

13. Where you a safe nurse today?

ReMar-V2 Lecture Preview - Diets

Professor Regina M. Callion MSN, RN

Diet	Indication	Food
	1. Or 2.	
	1.	Water, juices, see through-broth,
	1.	
Pureed	1. 2.	How should the foods be placed when feeding?

Mechanical Soft	1.	Any food that can be easily broken down
	1.	Cannot have: <u>Avoid CAP</u>
Protein _____	1.	Avoid: Why should renal clients avoid protein?
Restricted	1. 82 grams or 1 gram heart healthy	
	1.	

	1.	Avoid Purine
High Protein	1. 2.	
	1.	<u>Meal percentages</u>
Celiac	1.	Avoid BROW Bread? Spaghetti? Pie? Cookies? Waffles? Pancakes?

Week #3 Next-Gen Clinical Judgment Activity

Professor Regina M. Callion MSN, RN

Patient: John Daniels

Write Notes from Handoff Report Below:

55 year old male client presents with transient loss of consciousness. He said he feels dizzy and is “always thirsty”.

History:

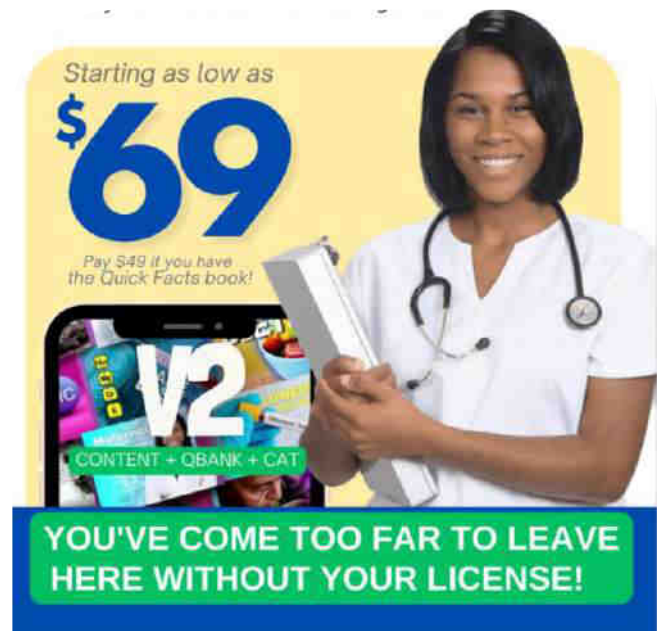
Alert and oriented times 4
No respiratory distress noted

Denies dizziness, nausea and vomiting at this time. 1 episode of diarrhea

VSS noted in chart.

EKG:

Additional Information to note:



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V2
CONTENT + QBANK + CAT

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HERE WITHOUT YOUR LICENSE!**

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Next Gen NCLEX Activity

Professor Regina M. Callion MSN, RN

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
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Name: John Daniels Health Care Provider: Adam Abdul-Al Code Status: Full						MRN: 22485 Allergies: Verapamil, Sulfa, Eggs	
Medication	Time		6/15/25			6/16/25	
Exenatide 2mg SC BID	06:00 18:00		Given - AB Given -MC			Given - LR Given - QB	
Furosemide IV BID	06:00 18:00		Given -TG Given- RC			Given-BH Given-PT	
Verapamil 80 mg PO TID	8:00		Given -TG			Given -BH	
Alprazolam 0.25 mg q 6hr PRN	04:35 08:00 10:00		Given -TG Given- TG Given- TG			Given -BH	
0.9 NaCL 1000 ml x1 bolus	18:00					Given -BH	

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
Laboratory Results						
Metabolic Panel		Normal Values		Jun 16, 2025		
Sodium		136-145 mEq/L		140 mEq/L		
Chloride		98-106 mEq/L		100 mEq/L		
Potassium		3.5-5 mEq/L		3.0 mEq/L		
Calcium		9-10.5 mg/dL		9.2 mg/dL		
Magnesium		1.5-2.4 mEq/L		2.0 mEq/L		
Phosphorus		3-4.5 mg/dL		3.5 mg/dL		
BUN		8-20 mg/dL		18 mg/dL		
Creatinine		0.7-1.3 mg/dL		1.0 mg/dL		
Glucose		70-100 mg/dL		325 mg/dL		
Vital Signs	Blood Pressure (mmHg)	Heart Rate (beats/min)	Respiratory Rate (breaths/minute)	Temp	Pulse Oximetry	
June 16 at 17:30	Laying flat 90/60 Sitting up 85/55 Standing up 70/40	60 72 110	18	98.5°F (36.9°C)	96% on room air	
June 16 at 18:00	75/50	99	20	98.5°F (36.9°C)	95% on room air	
June 16 at 18:30		60	20	98.5°F (36.9°C)	98% on room air	

Next Gen NCLEX Activity

Regina M. Callion MSN, RN

1. CLINICAL JUDGMENT: Based on the ReMAR medication list what are some possible diagnoses of J. Daniels?
2. SAFETY: Which intervention is the priority in to manage the client's current condition?
 1. Elevating the client's legs above the heart level.
 2. Teaching the client about his medications.
 3. Encouraging the client to drink fluids to promote blood flow.
 4. Instructing the client to change positions slowly.
3. CRITICAL THINKING: Which medication is most _____ to J. Daniels, how do you know?
4. SAFETY: J. Daniels reports dizziness after his last medication pass what blood pressure would you expect at this time?
5. CLINICAL JUDGMENT: A nurse is preparing to administer alprazolam to a patient. What is the priority action for the nurse before administering this medication?
 1. Ensuring the patient's allergies are documented
 2. Assessing the patient's blood pressure
 3. Assessing the patient's respiratory rate
 4. Assessing the patient's medication history for potential interactions
6. SAFETY: Which medications should the nurse anticipate the doctor to order?
7. SAFETY: According to the ReMar medication list, which nurse needs to be written up for disciplinary actions?
8. SAFETY: Identify _____ with the medication list?
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.
 - 7.
9. CLINICAL JUDGEMENT: J. Daniels's vomit is seen for the first time. It is black with a lumpy texture. What should the nurse expect a possible cause to be?
10. CRITICAL THINKING: J. Daniels reports extremity pain after a positive Covid-19 test. Which complication is expected?
11. SAFETY: When should the nurse expect blood pressure to be the lowest?
12. CLINICAL JUDGMENT: Which actions are appropriate for the nurse's aide to take?
 1. Keep the room at a warm temperature for comfort.
 2. Tell the client to sit down when urinating.
 3. Encourage the client to add sodium to the diet.
 4. Encourage the client to drink 500 ml of water as a bolus.
13. Were you a safe nurse today? Yes or No

Medication Administration

Professor Regina M. Callion MSN, RN

Before you give medications check the rights there are many.

- | | | | |
|------------|-------------------|--------------------------|----------|
| 1. Patient | 2. Drug | 3. Dose | 4. Route |
| 5. Time | 6. Documentation. | 7. Allergies & Many more | |

Verify _____ Before Administration

<p style="text-align: center;">PO</p> <p>PO means by mouth</p> <p>NPO nothing by mouth</p>	<p>PO - Do not crush medications that end in:</p> <p>EC</p> <p>ER</p> <p>EX</p> <p>SR</p> <p>Liquid -</p>
<p style="text-align: center;">Ear</p>	<p>Adult-</p> <p>Child-</p> <p>Medications should be _____.</p> <p>How long should the nurse wait before administration drops?</p>
<p style="text-align: center;">Rectal</p>	<p>Alternative to _____ or _____ medication administration.</p> <p>Use a _____ based lubricant</p> <p>3 types of oral enemas</p> <p>1.</p> <p>2.</p> <p>3. Kayexalate (polystyrene sulfonate)</p>

Eye	<p>Avoid the _____.</p> <p>Tell client to look up or down?</p> <p>Place medication in lower conjunctiva sac</p> <p>If eye drops and eye ointments are both prescribed which should be given first</p>
Gastric Tube	<p>Check initial placement with _____.</p> <p>Assess for _____.</p> <p>Delayed gastric emptying.</p> <p>Greater than 500 hold medication.</p> <p>Medications should be given via _____.</p> <p>Do not mix medications give them separately.</p>
Intramuscular (IM)	<p>Maximum medication in adult muscle:</p> <p>Maximum medication in child:</p> <p>*Do not aspirate for vaccines.</p> <p>Do not give IM injections:</p> <p>Inject at _____ degree angle.</p>
Topical	<p>Applied directly to body surfaces:</p> <p>Is Shampoo a topical medication?</p> <p>Wash skin daily</p>

Week #4 NCLEX Clinical Judgment Activity

Professor Regina M. Callion MSN, RN

Patient: Lynn Vitros

Write Notes from Handoff Report Below:

Additional Information to note:

Next Gen NCLEX Activity

Professor Regina M. Callion MSN, RN

Nursing	Flow Sheets	Provider	Labs & Diagnostics	MAR	Collaborative Care	Other
Name: Lynn Vitros		Past Medical History: HTN				
MD : Richard Greene		Allergies: NKDA				
MRN: 7099		Gender: Female				
Birthdate: 2/14/1937		Code Status: Full				

ReMar Next Gen NCLEX Form

Nurse Note	85-year-old female admitted with right fractured hip. Patient had ORIF of the right hip with general anesthesia. 500 mL blood loss during surgery. Mucous membranes pink and dry. Dressing clean dry and intact. Client is 89% on 2 L NC- Jessica West, RN
Medication Orders	June 23/2025
Enoxaparin sodium 400 mg sq q 12 hr.	
Cefazolin 1 g every 6 hr. x 4 doses	
Morphine 4 mg IM q 4 hr. PRN for pain	20:00 HC
Captopril 25 mg PO daily	20:00 HC
Oxygen 2 L via NC continuous	
Furosemide 40 mg IV twice daily	
Metabolic Panel	Normal Values
Error LOADING	Error LOADING

Vital Signs	Blood Pressure (mmHg)	Heart Rate (beats/min)	Respiratory Rate	Temp
June 23 05:50	130/70	78	18	97.6
Jun 12:00	128/69	75	20	98

Next Gen NCLEX Activity

Professor Regina M. Callion MSN, RN

1. CLINICAL JUDGMENT: Identify Delirium or Dementia based on the clinical features:

1. Impaired sensory perception	
2. Progressive course	
3. Dehydration as a cause	
4. Acute onset	
5. Impaired attention span	
6. AIDS as a cause	
7. Liver failure as a cause	

2. CRITICAL THINKING: What is the benefit of the following diagnostic test to investigate the client's condition?

Serum glucose	
Electrolytes	
BUN & Creatinine	
CBC	

3. SAFETY: Identify the indication of the medications prescribed:

Medication	Indications
Enoxaparin sodium	
Cefazolin	
Metoprolol	
Furosemide	

4. CRITICAL THINKING: Which 2 medications listed are most likely to cause delirium?

5. SAFETY: Calculate the dose for the order: Morphine 6 mg IM
Available: Morphine 2mg/ mL
Answer:

6. CLINICAL JUDGMENT: Which nursing action could be delegated to the unlicensed assistive personnel?

1. Apply pulse ox	
2. Stay 1 on 1 with patient	
3. Notify family of patient's condition	
4. Take specimens to laboratory	
5. Monitor hydration status	
6. Apply oxygen to the client	

7. CRITICAL THINKING: What other nursing interventions can improve this client's oxygen saturation?

8. CLINICAL JUDGMENT: What is the highest safety concern for the client?

1. Risk of self harm due to agitation.
2. Risk of wandering and getting lost.
3. Risk of falls due to impaired cognition.
4. Risk of dehydration due to decreased oral intake.

9. CRITICAL THINKING: The client's blood pressure is lower than normal. Based off the ReMAR and handoff report information which 3 factors are causing this?

1. _____
2. _____
3. _____

10. CLINICAL JUDGMENT: Should the nurse expect delirium or dementia? List 4 factors to support your hypothesis.

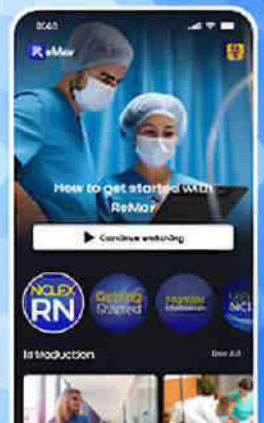
11. Were you a safe nurse today? _____

12. Do you want to learn more? _____

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NCLEX-V2 Lecture | Substance Abuse

Professor Regina M. Callion MSN, RN

Substance Abuse	Continued use of a substance
-----------------	------------------------------

Substance abuse can be _____ An _____ is considered a _____.

Substances that are abused are:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Clients are at risk for: Suicide and Overdose

A. Alcoholism-

Signs:

Most alcoholics are in:

Withdrawal symptoms:

Substance Abuse

Regina M. Callion MSN, RN



Medical Emergency

Delirium tremors:

1. Physical shaking
- 2.
- 3.
- 4.
- 5.

2 Other Symptoms to Know

1.	
2.	



Medical Emergency

Delirium tremors Treatment:

Medicate with anti-anxiety medication such as:

- 1.
- 2.

or

Alcohol deterrent medications such as:

- 1.

Teaching point:

Clients must avoid:

Substance Abuse

Regina M. Callion MSN, RN

NCLEX Pro Tip:

Medications that contain alcohol:

Other therapy options: Non-judgmental attitude, Support groups Alcoholics anonymous

There is no _____.

Clients can be placed in a _____.

B. Opioid Addiction
Examples:
Room Assignment:
Withdrawal Symptoms:

_____ : is a legal narcotic that can be used as a substitute.

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WEEK #5 - NCLEX GAME NIGHT TOPICS

• CLINICAL JUDGMENT	• QUICK FACTS FOR NCLEX
• PRIORITIZATION	• DELEGATION
• SAFETY	• SUBSTANCE ABUSE
• NORMAL & HIGH RISK NEWBORN	• DIET
• EXPECTED CHANGES IN AGING	• PHARMACOLOGY

1. **WHERE TO PLAY** – NCLEX Game Night with Professor Regina will stream live via the ReMar Nurse YouTube channel & Facebook page on Monday, June 30th, 2025, starting at 8:00 PM EST.

2. **THINGS YOU NEED TO PLAY** — You will need (2) devices to play the game. You will use one device to watch the live broadcast and a second device to answer the questions.

3. **HOW TO PLAY** – Use your second device (phone) to go to www.Kahoot.it and enter the game pin provided for you at the beginning of the game. This is needed to answer questions. Note: (You can also open two separate tabs on your laptop or PC if you don't have two devices.)

3. **ENTER GAME PIN** — Prof. Regina will give students the game pin by email or text at the beginning of class. Enter the code at Kahoot.it or scan the QR code on screen to join in before the game begins.

4. **CASH PRIZES** - The quicker you respond, the more points you will earn. So be ready to win up to \$200, \$100, or \$50 for 1st, 2nd, and 3rd place winners! You must have either CashApp or PayPal to claim your prize winnings. Previous 1st place winners cannot win a second time.

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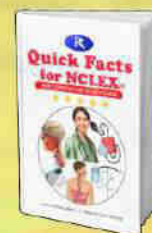
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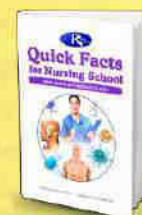


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